Surrey RCMP **BLOCK WATCH** EMERGENCY PREPAREDNESS

The recent tsunami warning is a good reminder to have an emergency kit packed if you don't already have one ready to go! Creating a home emergency kit doesn't need to take long. Just follow the basic list below. In addition, remember to add personal items, such as prescription medications, an extra pair of eyeglasses and copies of important documents like passports, birth certificates and insurance papers. Always make sure emergency kits are in easily accessible locations.



PreparedBC

## **BASIC EMERGENCY SUPPLY KIT**



First Aid kit and medications



**Battery-powered** or hand crank radio



Local maps (identify a family meeting place) and some cash in small bills

Cell phone with

chargers, inverter or solar charger



Battery-powered or hand crank flashlight with extra batteries



Whistle to signal for help



day supply of non-perishable food. Manual can opener for cans

At least a three-



Garbage bags,

and plastic ties for personal sanitation

Water, four litres

for at least three

days, for drinking and sanitation

per person per day

moist towelettes



Dust mask to help filter



contaminated air

Seasonal clothing and footwear







Depending on the emergency, you and your family could be on your own for several days while first responders manage the aftermath.

As a reminder, please **DO NOT** call 9-1-1 unless you have an emergency. See <u>Tips for</u> <u>Calling Emergency Services</u> for more information.

When disaster hits, there won't be time to collect emergency supplies. Ensure you have <u>emergency kits</u> for your home, workplace and vehicle. They should all contain food, water and supplies for a minimum of 72 hours. A week or longer is better.



72 hours... Is your family prepared?

## **Other Resources**

- PreparedBC: <u>Emergency Preparedness, Response & Recovery</u>
- BC Hydro: <u>Power Outages / Electrical Safety / Emergency Preparation</u>
- City of Surrey <u>Neighbourhood Emergency Preparedness Program</u>
- As a Block Watch group, we know that the most immediate help following a disaster will come from those directly around your neighbours. Connecting with them today, and working together to prepare, will mean a better response and faster recovery. Download a copy of the <u>In it Together:</u> <u>Neighbourhood Preparedness Guide</u> (PDF) and start the conversation now.



